



WATER SMART® TIPS

For Parents of Children
Under 5 Years of Age

DROWNING Is Fast and Silent

Water Smart® Tips from
The Lifesaving Society
Canada's Lifeguarding Experts



A child can drown in as little as 10 seconds

Victims rarely call, wave
or signal for help because
they can't keep their heads
above water.

Parents! Actively Supervise Your Children

- Keep your eyes on them at all times around water. And stay close – within arms' reach.
- At the pool or beach, put them in lifejackets to keep their face out of the water.
- Stay beside the tub while your child is having a bath.
- Empty and turn over children's portable pools and buckets of water when not in use.

**ALL children should learn to swim.
We can teach them.**



LIFESAVING SOCIETY®
The Lifeguarding Experts

For more information visit
www.lifesavingsociety.com
or contact your local pool