LEADERSHIP RECERTIFICATION:

GIVE YOURSELF CREDIT

WHAT'S IT ALL ABOUT?

The Lifesaving Society's Leadership Recertification Credit System applies to all of the Society's Instructors and Examiners: Swim, Lifesaving, First Aid, and National Lifeguard.

The system is designed to recognize individual needs and interests by encouraging instructors to learn and improve through continuing education and professional development.

USE YOUR CREDIT FORM

Jones		Derek			84 07 2
Surname		Given name			Birth
123 Austin Street					(yy mm
					JODY ID:
Street		A	pt. #		ID :
St. John's	NL	A1B	2C3	709	9 555 12
	Province		l code		Home ph
derek.jones@emai	il.con	า		709	999 12
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Please Swim Lifesaving Standard First Aid Airway Management		ards you wish Instructor			
Please Swim Lifesaving Standard First Aid Airway Management CPR-HCP		ards you wish Instructor			
Please Swim Lifesaving Standard First Aid Airway Management CPR-HCP National Lifeguard		ards you wish Instructor			
Please Swim Lifesaving Standard First Aid Airway Management CPR-HCP National Lifeguard		ards you wish Instructor			

The Credit Form has been designed to accommodate the recertification of any or all Lifesaving Society Instructor and their respective Examiner certifications: Swim Instructor, Lifesaving Instructor, Boat Rescue Instructor, First Aid Instructor, Airway Management Instructor, CPR-HCP Instructor, National Lifeguard Instructor.

Blank Credit Forms are available online as a download at www.lifesavingnl.ca. These cards are validated by the person teaching or evaluating the course or training program. Credit Forms are valid only when signed and dated in this manner. If lost, replacements are easy to come by. But if a validated credit card is lost, it is your responsibility to have a replacement re-validated.

LIFEGUARDING STATUS

Although it is not required, the Lifesaving Society recommends that all Instructors hold and maintain current lifeguarding status.

HOW DO I PARTICIPATE?

- **1** At your convenience, over the two-year recertification period, accumulate three credits by participating in your choice of courses, clinics, and training programs.
- Lifesaving and Swim Instructors may select their credits from any course contained on the Credit List. Boat Rescue, First Aid, and National Lifeguard Instructors must select their credits from only those courses marked with an asterisk (*). Examiners must select at least one credit from those items marked with a (*). Instructor Trainers must have taught an Instructor course.
- Make sure your credit form is validated (signed and dated) and send it to the Branch office with your recertification fee.
 You will receive an updated certification card(s), valid for another two years

CAN I SAVE EXTRA CREDITS FOR NEXT TIME?

No. Credits are valid for a two-year period only. If, for example, you take your National Lifeguard award on August 23, 2017, you must collect your other credits by August 23, 2019. Otherwise, the credit from the National Lifeguard award will have expired and you would be obliged to get another current credit.



LEADERSHIP RECERTIFICATION:

EFFECTIVE JANUARY 2017

The Society has assigned a credit value to the courses below. The credit value and status of these courses may change as modifications are made by the organizations responsible. Because of this, and because new training programs are continually being introduced, the credit list is updated from time to time. Courses and training programs which do not appear on this list may also be eligible for a credit value.

Lifesaving and Swim Instructors may select their three credits from any of the courses listed below. Instructors of National Lifeguard Service (NLS), Standard First Aid, and Boat Rescue programs must collect their three credits from only those courses marked with an asterisk*. Examiners must select at least one credit from those items marked with an asterisk *. Instructor Trainers must have taught an Instructor course. Note: Each item or recertification of each item may be applied only once every two years. Recertification of any item listed below is worth one credit.

SECTION A: 1 CREDIT EACH

LIFESAVING SOCIETY

- 1. Teaching one of the following complete courses: Lifesaving Society Swim program, Rookie, Ranger, Star, Bronze Medallion, Bronze Cross, Emergency First Aid, CPR 'A', CPR 'B, CPR 'C', or coaching Junior Lifeguard Club
- 2. Participation in a complete Bronze or higher course as a candidate.
- 3. Lifesaving Society ESC (Examination Standards Clinic) attendance
- Lifesaving Society Instructor Trainer Clinic attendance
- 5. Lifesaving Society Bronze Medallion certification
- 6. Lifesaving Society Bronze Cross certification
- 7. *Lifesaving Society National Lifeguard Pool, Waterfront, Waterpark and Surf certification (1 credit for each certification)
- *Lifesaving Society CPR-HCP certification
- 9. *Lifesaving Society Standard First Aid certification
- 10. *Lifesaving Society Advanced Instructor certification
- 11. *Lifesaving Society Boat Rescue certification
- 12. *Conducting three or more examinations as an Examiner (Bronze Medallion or higher)
- 13. *Judge/Official at Provincial Lifeguard Championships
- 14. *Competitor at Provincial Lifeguard Championships
- 15. *Attendance at the Society's provincial Annual General Meeting

OTHER AGENCIES

- 16. *Standard First Aid certification from CRC or St. John Ambulance or Canadian Ski Patrol
- 17. *CPR-HCP certification or AED certification from CRC or St. John Ambulance or Canadian Ski Patrol
- 18. *NAUI, ACUC or PADI Scuba Diver certification
- 19. *Canoeing or Kayaking Level 1 or higher certification
- 20. *YMCA Assistant Instructor or Assistant Coach certification
- 21. *Full attendance at a provincial Aquatic Conference

CREDIT RECORD Course Examined BM x2 & BC x2Credit value 1
Location City of St. John's Date Nov. 3, 2017
Evaluator's signature <u>Chris Carruthers</u>
Coursetaught Bronze Star Credit value 1
Location Town of Wabush Date December 2015
Evaluator's signature Sam Smith
Course National Lifeguard Recert Credit value 1
Location City of Mount Pearl Date Sept. 1, 2016
Evaluator's signature
Did you remember to:
✓ Enclose validated credit card totaling three credits.

SECTION B: 2 CREDITS EACH

LIFESAVING SOCIETY

- 22. *Teaching one of the following complete courses: Distinction, Boat Rescue, Standard First Aid, CPR-HCP, National Lifeguard, ESC
- 23. *Lifesaving Society Lifesaving Instructor certification
- 24. *Lifesaving Society Swim Instructor certification
- 25. *Lifesaving Society Distinction certification
- 26. *Lifesaving Society Examiner appointment
- 27. *Lifesaving Society First Aid Instructor certification
- 28. *Lifesaving Society National Lifeguard Instructor certification
- 29. *Lifesaving Society CPR-HCP Instructor certification
- 30. *Lifesaving Society Airway Management Instructor certification
- 31. *Lifesaving Society Instructor Trainer appointment (any level)
- 32. *Lifesaving Society Board of Directors, or Branch Committee member appointment.

OTHER AGENCIES

- 33. *CRC Water Safety Instructor certification
- 34. *CRC or St. John Ambulance First Aid Instructor certification or Canadian Ski Patrol Instructor certification
- 35. *CRC Instructor Trainer appointment (any level)
- 36. *Synchro Instructor certification
- 37. *NCCP Swimming Teacher certification
- 38. *YMCA Swim Instructor or Coach certification
- 39. *YMCA Trainer appointment
- 40. *Basic or Level II Canoe Instructor or Kayak Instructor
- 41. *I Can Swim Teacher certification
- 42. *NAUI, ACUC, or PADI Scuba Instructor certification

SECTION C: 3 CREDITS EACH

LIFESAVING SOCIETY

- 43. *Teaching any Lifesaving Society Instructor or Coach course.
- 44. *Lifesaving Society Diploma certification